

THE CORPORATION OF THE TOWNSHIP OF TAY

450 Park St. PO Box 100 Victoria Harbour, ON LOK 2A0 Telephone 705-534-7248

Facsimile 705-534-4493

Media Release

Website www.tay.ca

For Immediate Release:

Date: August 5, 2022 Time: 11:00 a.m.

Tay Township Announces Fall Active Living Program Schedule

Tay, Ontario – Get active this Fall in Tay Township! The recreation program schedule is now available for viewing, some of the programs being offered this year include Yoga, Pilates and Tai Chi.

Registration for <u>ALL</u> programs will open online August 26, 2022 at 8:30 a.m. at <u>tay.ca/register</u>. You can also enroll for programs in person at the Municipal Office at 450 Park Street, Victoria Harbour during regular business hours Monday to Friday 8:30 a.m. to 4:30 p.m (on or after August 26, 2022).

To review the full list of programs and activities please view them at **tay.ca/register** or click below for specific programs:

Fall Active Living Program

*Remember registration opens online August 26, 2022 at 8:30 a.m. at tay.ca/register.

Tay Township is committed to delivering responsive and cost-effective municipal services and infrastructure that provide for the long-term economic, social and environmental well-being of its residents and community.

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Contacts:

Bryan Anderson Manager of Parks, Recreation and Facility Services

Phone: 705-534-7248 x235 Email: banderson@tay.ca